

E-Cath[®] II / E-Cath[®] II Plus

Nerve Block Guide

	BLOCK	APPROACH	PRODUCT	SIZE
Upper Limb	Interscalene	Posterior to anterior (in plane)	E-Cath II Plus	50-100mm
	Supraclavicular	Medial to lateral (in plane)	E-Cath II Plus	50mm
		Lateral to medial (in plane)	E-Cath II Plus	50mm
	Infraclavicular	Cephalad to caudad (in plane)	E-Cath II Plus	50-100mm
	Axillary	Anterior to posterior (in plane)	E-Cath II or E-Cath II Plus	50mm
	Supracapular	Cephalad to caudad (in plane)	E-Cath II	80-100mm
Trunk	Paravertebral	Lateral to medial (in plane)	E-Cath II or E-Cath II Plus	50-100mm
		Between 2 transverse processes (in or out of plane)	E-Cath II Plus	50-80mm
	Transverse Abdominis Plane	Medial to lateral (in plane)	E-Cath II or E-Cath II Plus	50-100mm
		Lateral to medial (in plane; subcostal)	E-Cath II or E-Cath II Plus	50-100mm
	Quadratus Lumborum	Anterior to posterior (in plane)	E-Cath II Plus	50-100mm
	Rectus Sheath	Lateral to medial (in plane)	E-Cath II or E-Cath II Plus	50-100mm
	PECS I/II & Serratus	Cephalad to caudad (in plane)	E-Cath II or E-Cath II Plus	50-100mm
	Erector Spinae Plane	Cephalad to caudad (in plane at T5)	E-Cath II or E-Cath II Plus	50-100mm
Lower Limb	Femoral	Lateral to medial (in plane)	E-Cath II or E-Cath II Plus	50-80mm
	Adductor Canal	Cephalad to caudad (in plane)	E-Cath II or E-Cath II Plus	100-130mm
		Lateral to medial (in plane)	E-Cath II Plus	100-130mm
	Popliteal Sciatic	Caudad to cephalad (out of plane)	E-Cath II or E-Cath II Plus	50-80mm
		Lateral to medial (in plane)	E-Cath II Plus	50-80mm
	Fascia Iliaca	Caudad to cephalad (in plane)	E-Cath II or E-Cath II Plus	80-100mm

DISCLAIMER: The above overview of the most commonly performed nerve blocks, and E-Cath II/E-Cath II Plus size suggestions is provided for informational purposes only and only intended for medical professionals properly trained in and qualified for the use of E-Cath II/E-Cath II Plus products. Medical professionals using any E-Cath II/E-Cath II Plus product must evaluate each nerve block procedure individually and should choose the E-Cath II/E-Cath II Plus product, if any, that fits that procedure based on their own professional judgement.